

Find Out More About:

- ✓ Representation Agreements
- ✓ Enduring Power of Attorney
- ✓ Advance Directives

Get Informed.
Start the Discussions.
Act in Writing.

Local Resources

Cowichan Hospice
Workshops & help with
Advance Care Planning
250-701-4242
Toll Free: 1-888-701-4242

Cowichan Family Caregivers
Support & information for
Advance Care Planning
250-597-0886

**Ladysmith CRN - Ladysmith
Resource Centre:**
250-245-3079

Alzheimer Society of BC:
1-800-462-2833

Provincial Resources

Lawyer Referral Service:
1-800-663-1919

**Society of Notaries
Public of BC:**
1-800-663-0343

Seniors First BC:
1-866-437-1940

Access Pro Bono:
1-877-762-6664

Online Resources

Speak-Up in BC:
<http://www.speak-upinbc.ca/>

NIDUS:
nidus.ca

Legal Aid BC:
<http://www.speak-upinbc.ca/>

Peoples Law School:
peopleslawschool.ca

Are You Ready for the Unexpected?

Plan For Your Future



Resources for
Incapacity Planning

If you're unable to make decisions for yourself, have you considered who will...



Money, Assets, Legal Affairs

- Manage income and investments
- Property and assets
- Day-to-day banking
- File and pay taxes
- Make purchases
- Provide and care for dependants



Health and Personal Care

- Manage and consent to health care treatments (life support, surgery, chemotherapy, vision and dental care).
- Manage admission to a care facility



Respect for Your Choices

- Location & environment
- Visits with people and pets
- Food and exercise
- Hygiene and bathing
- Personal support services
- Noise level, music, television
- Spiritual and cultural practices

Life is full of surprises.

Your future health care doesn't have to be.



Don't leave your loved ones guessing.

Talk to your loved ones, health care professionals, legal advisor or service provider to begin a discussion about the best care plan for YOU.

Funded by:



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Stopping Adult Abuse and Neglect ...Together.

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